

BREAST FEEDING WEEK CELEBRATIONS

Theme “Empower parent, Enable breast feeding”

Narayana of College Nursing, Child Health Nursing Department, collaboration with NSS unit celebrated Breastfeeding Week from August 1st to 7th, 2019, between 9-10am. The various activities aimed at promoting breastfeeding awareness. Each day featured unique programs at the Anganwadi Center in Kamakshi Nagar and the college campus. Events included a role play on breastfeeding care, video teaching on lactation, a puppet show on exclusive breastfeeding, and a live exhibition on weaning diets. A panel discussion on breastfeeding myths and a competition on the 2019 theme were also conducted. The final day was marked by a formal ceremony with dignitaries, a mime performance, and prize distribution for competition winners. The week-long celebration successfully educated antenatal and postnatal mothers, students, and community members, reinforcing the importance of breastfeeding for maternal and child health.



IMMUNIZATION PROGRAM

Theme for the event was "Vaccination for All: Protecting Lives."

The Immunization Awareness Program, organized by Narayana College of Nursing and coordinated by the Child Health Nursing Department, was held from March 10th 9:00 AM to 12:00 PM. At Narayana Medical College and Hospital in 2019. The objective was to educate the community about the significance of immunization in preventing preventable diseases in children. The theme for the event was "Vaccination for All: Protecting Lives." The program included expert talks, interactive discussions, and distribution of educational materials on vaccination schedules. The outcome was an increased awareness of the importance of timely immunization and the safety of vaccines. It empowered parents to take informed decisions about vaccinating their children.



SAVE GIRL CHILD PROGRAM

Theme for the event was "Empowering Girls, Empowering the Future."

The "Save the Girl Child" Awareness Program, organized by Narayana College of Nursing and coordinated by the Child Health Nursing Department, was held from January 24th, at 9:00 AM to 12:00 PM. At primary school, Venkatachalam, Nellore 2019. The objective was to raise awareness about the importance of protecting the rights of the girl child and promoting gender equality. The theme for the event was "Empowering Girls, Empowering the Future." The program included educational talks, interactive discussions, and distribution of informational materials on the significance of the girl child's health, education, and safety. The outcome was increased awareness of the challenges faced by girls and the importance of their protection. It successfully encouraged community involvement in advocating for the rights of girls.



SCHOOL HEALTH PROGRAMME

Theme “promote health awareness”

Narayana College of Nursing, Child Health Nursing Department, collaboration with NSS unit celebrated School Health Program April 10th 2019, between 10-11 am. At Primary School, kakutur, Venkatachalam, Nellore. The program aimed to perform health screenings, detect early abnormalities, promote health awareness, and encourage healthy habits among school children. Fourth-year B.Sc. (N) students conducted anthropometric measurements and BMI calculations for 167 children, identifying cases of delayed growth, deafness, and tongue tie. A poster exhibition covered essential health topics, including nutrition, hygiene, exercise, and the importance of balancing academics and extracurricular activities, fostering positive health habits among students.



SCHOOL HEALTH SCREENING PROGRAM

Theme for the program was "Early Detection, Better Health."

The School Health Screening Program, organized by Narayana College of Nursing and coordinated by the Child Health Nursing Department, was held from April 25th 9:00 AM to 12:00 PM. At primary school, TP Gudur, Nellore 2019. The objective was to assess the overall health of school children and identify potential health issues early. The theme for the program was "Early Detection, Better Health." The event included health screenings, vision and dental checkups, and health education on hygiene and nutrition. The outcome was the identification of health concerns among students, along with increased awareness of preventive care. It encouraged children and parents to prioritize regular health check-ups for better well-being.



SPECIAL NUTRITIONAL PROGRAM

Theme for the event was "Nutrition for Growth and Health."

The Special Nutritional Program, organized by Narayana College of Nursing and coordinated by the Child Health Nursing Department, was held from September 1st, 9:00 AM to 12:00 PM. At primary school, TP Gudur, Nellore 2019. The objective was to educate the community on the importance of special nutrition for children, especially those with specific dietary needs. The theme for the event was "Nutrition for Growth and Health." The program featured expert talks, interactive sessions on balanced diets, and practical demonstrations on preparing nutritious meals. The outcome was an increased awareness about proper nutrition and its role in preventing health issues. It successfully encouraged families to adopt healthier eating habits for better child development.

